# Ash Wednesday

Ash Wednesday at Foundry March 5, 2025 | 8 A.M. & 7 P.M.

## Lenten Season at Foundry

Ash Wednesday - March 5, 2025 8 a.m. and 7 p.m.

Special Music Sunday - March 23 One service at 10:15 a.m.

Stead Park Easter Egg Hunt -April 19, 2025 11:00 a.m.

> Palm Sunday - April 13 9 a.m. and 11:15 a.m.

Maundy Thursday - April 17 7 p.m.

> Good Friday - April 18 12 p.m. and 7 p.m.

Easter Worship Service - April 20 9 a.m. and 11:15 p.m.

## Welcome

Foundry United Methodist Church has been serving downtown Washington, D.C., and the wider world since 1814. Foundry is a Reconciling Congregation, affirming the call of the Gospel of Jesus Christ to be in ministry with people of all races, gender identities, sexualities, ages, immigration status, and physical conditions. We are all on a spiritual journey and want you to feel welcome here. Please visit **foundryumc.org** to find more information about our congregation, submit prayer requests, and let us know you've been with us in worship today.

#### **REFERENCES TO GOD**

References to God in traditional prayers and hymns may sometimes be gender-specific. As we pray and sing together, you are invited to substitute terms that reflect your understanding of the full inclusiveness of the Spirit of God. You are also invited to sing hymns and speak parts of the services, such as the Lord's Prayer, in your native tongue.

#### CARE AND PRAYER

Please fill out the Prayer Request online at **foundryumc.org/prayer** Our prayer team will follow up with you. You will have the option for your request to be kept confidential or, if you prefer, for it to be shared.

#### **SINGING WITH US**

#### OUR HYMNALS:

**UMH** — United Methodist Hymnal (Red)

**TFWS** — The Faith We Sing (Black)

**AAHH** – African American Heritage Hymnal (on the cart as you enter the Sanctuary)

#### THE APPEARANCE OF + INDICATES THAT YOU ARE INVITED TO RISE, AS YOU ARE ABLE

Hearing assistance devices can be found at the sound desk in the Sanctuary.

#### FAMILIES WITH CHILDREN

Foundry offers a variety of childcare and worship options for our youngest congregants every Sunday! Children of all ages are welcome to join their families in the Sanctuary at both the 9 a.m. and 11:15 a.m. Worship Services. Before the sermon, a servant leader will invite children (pre-K through 5th grade) to attend a special Children's Worship. They will rejoin their families in the Sanctuary during the Offertory.

Sunday School is available for pre-K through 6th grade children from 10:10 a.m. to 11 a.m., in the following classrooms located in the upstairs Education Wing:

#### • 204 – 5th & 6th Grade • 206 – Age 3-Kindergarten

#### • 205 - 3rd & 4th Grade • 208 - 1st & 2nd Grade

Nursery care is available for infants up to 2 years old from 8:45 a.m. to 12:30 p.m. Volunteers near the Community Commons will help you find the Child Care Center or your child's Sunday School class.

#### **STAYING SAFE AT FOUNDRY**

Foundry is committed to protecting the safety of all persons at our church. Our Safe Sanctuaries Policy — establishing procedures for protecting children, youth, and vulnerable persons, along with our Nut and Allergy Safety Policy, can be found at **foundryumc.org/policies-building-use** 

#### **ONLINE PARTICIPATION**

If you are worshipping with us virtually today, we invite you to gather the following items:

- A candle and, if needed, a way to light it.
- A bowl or vessel of water.
- Your preferred Bible or Bible app.

## All music featured on our livestream is used by permission with CCLI License #2668115.

#### WE ARE ON NATIVE LAND

When we gather for worship and ministry on the corner of 16th and P, we do so upon the sacred, traditional, and unceded lands of the Anacostan, Massawomack, Susquehanock, Piscataway, and Pomunkey peoples, who were forcibly removed from this area to allow for English settlement. As occupiers of their territory, we recognize them as the original and perpetual stewards of this land and gratefully acknowledge our responsibility for a more honest recounting of our history that empowers us to work for the thriving of all people!

## **Reaching for Connection** LENT 2025

Let us hold unswervingly to the hope we profess, for God who promised is faithful. And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another...

Hebrews 10:23-25

"How does your soul prosper?" This is the central question asked in John Wesley's historic Class Meetings. In our day, we ask, "How is it with your soul?" The old language carries with it a sense not just of *being* but of *growing*. What is it that is spurring your soul to deepen, expand, shine? An answer offered by spiritual teachers through the ages is that connection is what we yearn for-connection with God, with others, with our true selves. Authentic connection is soul-expanding and life-giving. It makes us feel whole. But in our culture, there is much that disintegrates, divides, and depletes our soul. This Lent, we will consider how to return to God with our *whole* heart, with undivided lives, with prospering souls, nurtured through the connections God always provides.

#### 8:00 A.M. | WORSHIP CELEBRATION

#### Welcome

Ginger E. Gaines-Cirelli

#### +Call to Worship

#### Benjamin Musasizi

Ben Roberts

Ben Roberts

One Voice: The grace of our Lord Jesus Christ be with you. **Many Voices: And also with you.** Bless the Lord who forgives all our sins. **God's mercy endures for ever.** 

#### **Invitations to Ministry**

**Unison Prayer** 

O God, maker of every thing and judge of all that you have made, from the dust of the earth you have formed us and, from the dust of death, you would raise us up. By the redemptive power of the cross, create in us clean hearts and put within us a new spirit, that we may repent of our sins and lead lives worthy of your calling; through Jesus Christ our Lord. Amen.

Hebrew Scripture	Allison Kramer
JOEL 2:1-2, 12-17	
+Psalter UMH #785	Allison Kramer
PSALM 51:1-17	
+Gospel Lesson	Ben Roberts
MATTHEW 6:1-6, 16-21	
One Voice: Receive what the Spirit is saying Many Voices: Thanks be to God	

#### Thanksgiving over the Ashes

#### **Imposition of Ashes**

At this time you're invited to come forward to receive a sign of ash on your hand or forehead as a symbol of penitence and the frailty of our humanity.

#### **Prayer of Confession**

Benjamin Musasizi

Almighty and merciful God, our constant companion on the journey of faith who does not abandon us to sin but through repentance and forgiveness offers us abundant life, we confess this day all that which we have allowed to distract us from you. During this holy season of Lent, strengthen and sustain us, that we might together turn from paths of sin and self-righteousness toward the promise of redemption and wholeness made possible through Jesus Christ. Amen.

One Voice: Receive the Good News! Christ died for us while we were yet sinners. That proves God's love toward us. In the name of Jesus Christ, you are forgiven!

Many Voices: In the name of Jesus Christ you are forgiven! Glory to God! Amen.

#### +Passing of the Peace

At this time you're invited to rise as you are able and to share words of peace with those around you.

One Voice: The peace of the Lord be with you Many Voices: And also with you

+Benediction

Ginger E. Gaines-Cirelli

#### 7:00 P.M. | WORSHIP CELEBRATION

#### Greetings

Ginger E. Gaines-Cirelli

#### +Call to Worship

Ginger E. Gaines-Cirelli

One Voice: The grace of our Lord Jesus Christ be with you. Many Voices: And also with you. Bless the Lord who forgives all our sins.

God's mercy endures for ever.

#### +Hymn UMH #175

JESUS, THE VERY THOUGHT OF THEE

#### **Invitations to Ministry**

#### **Unison Prayer**

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#### **Hebrew Scripture**

JOEL 2:1-2, 12-17

+Psalter UMH #785

Natalie Harvey

Natalie Harvev

PSALM 51:1-17

+Sung Response UMH #430

H. Percy Smith

<u>O MASTER, LET ME WALK WITH THEE</u>

Verse 1

<u>= E</u>

John Dykes

Jonathan Brown

Jonathan Brown

ASH WEDNESDAY

Kealan MATTHEW 6:1-6, 16-21

One Voice: Receive what the Spirit is saying.

Many Voices: Thanks be to God.

Anthem	Harold Friedell
DRAW US IN THE SPIR	RIT'S TETHER
Meditation	Benjamin Musasizi
Invitation to the Observance of the Lenten Discipline	Ginger E. Gaines-Cirelli
Thanksgiving over the Ashes	Ginger E. Gaines-Cirelli

#### **Imposition of Ashes**

At this time you're invited to come forward at the leading of our ushers to receive a sign of ash on your hand or forehead as a symbol of penitence and the frailty of our humanity.

Music	During	the	<b>Imposition of Ashes</b>	
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UMH #269	arr. Annabel Morris Buchanan
LORD, WHO THROUGHOUT THESE FORTY DAYS	

UMH #267	English Melody, Hymns Ancient and Modern
	<u>O LOVE, HOW DEEP</u>

+Gospel Lesson

Kealani Willbanks

#### **Prayer of Confession**

Jonathan Brown

Almighty and merciful God, our constant companion on the journey of faith who does not abandon us to sin but through repentance and forgiveness offers us abundant life, we confess this day all that which we have allowed to distract us from you. During this holy season of Lent, strengthen and sustain us, that we might together turn from paths of sin and self-righteousness toward the promise of redemption and wholeness made possible through Jesus Christ. Amen.

One Voice: Receive the Good News! Christ died for us while we were yet sinners. That proves God's love toward us. In the name of Jesus Christ, you are forgiven!

Many Voices: In the name of Jesus Christ you are forgiven! Glory to God! Amen.

#### +Passing of the Peace

Jonathan Brown

At this time you're invited to rise as you are able and to share words of peace with those around you.

#### Offertory

Kealani Willbanks

Music at the Offertory George Bennard, arr. Lloyd Larson

THE OLD RUGGED CROSS Jidong Zhong, piano

**+Hymn** UMH #417

Charles Wesley, Thomas Hawels

<u>O FOR A HEART TO PRAISE MY GOD</u>

+Benediction

Benjamin Musasizi

#### Postlude

#### **EASTER FLOWERS**

Honor your loved ones by purchasing Easter flowers to adorn Foundry's Sanctuary and worship spaces this season. Flowers will be available for pick up following the close of worship on April 20, 2025.

Register at foundryumc.org/easterflowers

#### FAMILY AND YOUTH MINISTRIES ASP REGISTRATION OPEN

Mark your calendars! **Registration for Foundry's ASP Youth Mission Trip is open.** This year's trip will take place June 21st – 28th and is open to all youth who will have completed 9th grade by June 2025 and will be rising sophomores to those who've completed the 12th grade. For more information, please contact the Director of Family Ministries. Don't miss this incredible opportunity to serve and grow together! Register at <u>foundryumc.org/asp-registration</u>

#### ADULT CLASSES AND PROGRAMMING RECEIVE YOUR LENTEN DEVOTIONAL

Register now to receive **Foundry's 2025 Lenten Devotional**, "Grounded in Grace," a series of reflections for each day of Lent. Choose to have each day's devotional sent in an email. You may also opt to receive a limited edition print copy and to offer a free will donation.

Register at foundryumc.org/devotional-registration

#### INTERFAITH BOOK CLUB: EXPLORING FAITH THROUGH YOUR FAVORITE COMICS

Embark on a heroic journey at Fantom Comics located at 2010 P St. NW, Washington D.C. 20036 on March 30 at 3 p.m., where our Interfaith Book Club will delve into Little Birds by Dancy Van Poelgeest and Ian Bertram. Together, we'll explore themes of hope, sacrifice, and unity from a variety of faith perspectives. Need a copy? Reach out to Jonathan Brown at jbrown@ foundryumc.org. Share your insights, learn from others, and celebrate the power of storytelling in a welcoming community.

#### FOUNDRY CHILI COOKOFF

Get ready to spice things up at our annual Foundry Chili Championship! Join us on March 23 at 11:30 a.m in the Fellowship Hall for an afternoon of delicious fun. Whether you're a master chili cook or a dedicated taste-tester, everyone is invited to participate and enjoy. Register to compete at <u>foundryumc.org/</u> <u>chillicookoff</u>

#### **REST IS RESISTANCE**

In the NYT best-selling book, "Rest is Resistance: A Manifesto," author Tricia Hersey encourages us to push back against capitalism and white supremacy by connecting to the liberating power of rest, daydreaming, and naps as a foundation for healing and justice. MJ Jean will lead a **drop-in-friendly** class on this book from **today through April 13, in Room 203 and on Zoom.** Whether you're familiar with the book or new to the conversation, all are welcome to join us as we seek to create spaces of healing and liberation together. Register at **foundryumc.org/rest-is-resistance** 

#### WRESTLING WITH DOUBT

Join us for a six-week study of Adam Hamilton's Wrestling with Doubt. We'll meet in Room B2 at 10:10 a.m. starting today. We will explore honest questions about faith in a supportive group setting led by Joanne Garlow. Whether you've read the book or just want to learn more, all are welcome! Register at **foundryumc.org/wrestling-with-doubt** 

#### SOCIAL JUSTICE & SERVICE ACTIVITIES A SACRED PAUSE

This year for Lent, please join Jackie Wright for a weekday **15 minute virtual meditation at 8 a.m. starting on March 5** to help us start our day grounded in sacred community. No prior experience with meditation is necessary. Register here. Questions? Email Jackie at **jwright@foundryumc.org** These brief meetings will be recorded and can be viewed on our YouTube page. Register at **foundryumc.org/sacred-pause** 

#### FOUNDATIONS OF SACRED RESISTANCE- THE DC BUDGET

Please join Foundry members Kate Coventry of the DC Fiscal Policy Institute and Mike Lawson who spent most of his career working on state-local budget and tax policies. They both will discuss the DC budget process and how it impacts our advocacy work as a congregation. The class will be held at 12:30 p.m. on March 30 in room 203. Register at <u>foundryumc.org/dc-budget</u>

### CONGREGATIONAL CARE

#### PRE-CANA

Pre-Cana is an opportunity for couples planning to marry to receive expertise in the areas of finance, personality, relationship, and counseling.

We will gather on March 28 at 6 p.m. in person for dinner and conversation and then again on Saturday, March 29 from 9 a.m.-4 p.m. online via Zoom for topic discussions.

#### FOUNDRY FEDS NETWORKING SPACE

**Every Sunday through April 13** you can **join other Foundry federal employees and contractors for a networking opportunity.** This is a time to connect and be supported by the Foundry community as we navigate a changing landscape together.

This event is being photographed and recorded. Please be advised that by entering this worship space, you agree to be filmed and/or photographed, and the resulting assets may be used for Foundry UMC promotional purposes. Should you wish not to be photographed or recorded on video, please notify one of the clergy members.

## Check in!



Scan with your smartphone camera.



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