

A vintage, sepia-toned photograph of a group of African American people standing in front of a building. The image has a textured, aged appearance with visible creases and a slightly grainy quality. The group consists of several individuals, including men and women, dressed in early 20th-century attire. In the background, signs for 'Coca-Cola' and 'SODA' are visible on the building's facade. The overall mood is historical and evocative.

JANUARY 17, 2021

# TIRED FEET RESTED SOULS

FOUNDRY UNITED METHODIST CHURCH

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11:15 A.M. | WORSHIP CELEBRATION ONLINE



# Welcome

Foundry Church has been serving downtown Washington and the wider world since 1814. Foundry is a Reconciling Congregation, affirming the call of the gospel of Jesus Christ to be in ministry with all people of all races, gender identities, sexualities, ages, immigration status, and physical conditions. We are all on a spiritual journey and we want you to feel welcome here. Please visit [www.foundryumc.org](http://www.foundryumc.org) for more information about our congregation, submit prayer requests, and let us know you've been with us in worship today.

## REFERENCES TO GOD

References to God in traditional prayers and hymns may sometimes be gender-specific. As we pray and sing together, you are invited to substitute terms that reflect your understanding of the full inclusiveness of the spirit of God. You are also invited to sing hymns and speak parts of the services, such as the Lord's Prayer, in your native tongue.

## CARE AND PRAYER

Please fill out the Virtual Prayer request cards at <https://www.foundryumc.org/prayer>. Our Clergy and prayer team will follow up with you.

## INVITATIONS TO ONLINE PARTICIPATION

As we worship together virtually today, we invite you to gather the following items:

- A candle and, if needed, a way to light it.
- A bowl or vessel of water.
- Your preferred Bible or Bible app.

# Tired Feet, Rested Souls

Rev. Dr. Martin Luther King, Jr. in his powerful *Letter From Birmingham City Jail*, amplifies the voice of Mother Pollard, a seventy-two-year-old woman in Montgomery, Alabama who refused to ride in segregated buses. When asked about whether she was tired, she responded, "My feet is tired, but my soul is rested." MLK's Letter is the inspiration for this series that, grounded in texts from the Revised Common Lectionary, will explore the concrete actions we are called to take as we continue the journey of becoming a more anti-racist, fully inclusive congregation. The work is long and our proverbial "feet" will grow tired. But with Jesus as our companion in the work of becoming beloved community, we are assured we'll find "rest for our souls." Join us on the journey!

**Prelude**                      *Congregational Praise Song, arr. Evelyn Simpson Curenton*  
*WOKE UP THIS MORNIN'*  
*sung by Jubalate*

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**Voluntary**                      *Negro Spiritual, arr. Moses Hogan, Black Composers Series*  
*GIVE ME JESUS*  
*Ashley Briggs Oakley, soprano*

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**Invitations to Participation**                      Ginger E. Gaines-Cirelli

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**Lighting Our Candles**

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**Call to Worship**                      Gregory McGruder & Will Green  
**One Voice:** A voice cries out in the world’s wilderness places, proclaiming  
release for the held captive, liberation for the oppressed, and justice that  
rolls down like water and righteousness like a mighty stream. Will you receive  
its invitation?  
**Many Voices: Yes! Let justice roll!**

It is the voice of liberation which called to Moses from a burning bush, sen-  
ding him to tell Pharaoh to let God’s people go.

It is the voice of hope with which Mary proclaimed God’s faithfulness when  
her child leapt in her womb.

It is the voice anticipation with which Philip, daring to follow Jesus, invited  
others to “Come and see.” How will we respond?  
**Many Voices: Here I am, Lord. Send me.**

It is the faithful voice of Mother Pollard when she said “My feets\* is tired, but my soul is rested.”

It is the weary voice of Rosa Parks saying “no” when she refused to move to the back of a bus.

It is the guiding voice of Dr. King, still un-silenced after 52 years, proclaiming a dream of equity, equality, and justice for all people, no matter the color of their skin.

Will you speak, too?

**Many Voices: Yes! Let justice roll.**

A voice cries out in the world’s wilderness places. Places of injustice, places of violence, places ruled by white supremacy and defined by white Christian nationalism. Echoing through time, it calls to us still, casting a vision for beloved community we are called to co-create. Are we ready to respond?

**Many Voices: Yes! Let justice roll. Amen.**

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**Response**

*Mark Miller*

LET JUSTICE ROLL

Let justice roll, roll down like water; and righteousness like a flowing stream

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**Welcome**

Ginger E. Gaines-Cirelli

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**Hymn UMH #519**

*words: James Weldon Johnson,  
music: J. Rosamond Johnson*

LIFT EVERY VOICE AND SING

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**Children’s Message**

K.C. Van Atta-Casebier

**Call to Prayer AAHH #427**

*Charles A. Tindley, music: Donald Vails*

**THE STORM IS PASSING OVER**  
*Erin Ridge, soprano soloist*

Take courage my soul, and let us journey on.  
Though the night is dark, and I am far from home.  
Thanks be to God, the morning light appears.  
The storm is passing over very soon.

**Pastoral Prayer**

Kelly Grimes

**Scripture Reading**

PSALM 139:1-6, 13-18

Lani Willbanks

**Introduction of the Guest Preacher**

Ginger E. Gaines-Cirelli

**Anthem**

**HE NEVER FAILED ME YET**  
*Kathleen Borqueta, soprano; Gregory McGruder, tenor*  
*sung by the Chancel Choir*

*Robert Ray*

**Sermon**

The Honorable Cory Booker

**Response and Prayer**

Ginger E. Gaines-Cirelli

**Offertory**

Ben Roberts

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**Music at the Offertory**

Mark Miller

IMAGINE THE PEOPLE OF GOD  
*Virtual Chamber Singers & Foundry Congregation*

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**Hymn AAHH #500**

*Negro Spiritual, arr. Nolan Williams, Jr.*  
GLORY, GLORY, HALLELUJAH

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**Benediction**

Ginger E. Gaines-Cirelli

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**Postlude**

*arr. Mark Miller, Black Composers Series*  
TOCCATA ON “LIFT EVERY VOICE”  
*Eric Plutz, organ*

All music featured on our livestream links is used by permission with CCLI License #2668115. All previously recorded video filmed in the sanctuary was done prior to March 16, 2020.

**Join us for “Coffee Hour”**

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Meet us on Zoom at 12:30 for a virtual coffee hour! Connect with a small group of Foundry folks in a breakout room for fellowship and conversation and don’t forget to bring your own coffee or tea! Join [here](#) using your smartphone camera or webcam. “See” you there!



# Senator Cory Booker

## GUEST PREACHER

Senator Cory Booker has dedicated his life to fighting for those who have been left out, left behind, or left without a voice.



Booker grew up in northern New Jersey and received his undergraduate degree from Stanford University. At Stanford, Booker played varsity football, volunteered for the campus peer counseling center, and wrote for the student newspaper. He was awarded a Rhodes Scholarship and went on to study at the University of Oxford, and then Yale Law School, where he graduated in 1997.

Instead of working for a corporate law firm, Booker moved to Newark after law school and started a nonprofit organization to provide legal services for low-income families, helping tenants take on slumlords. In 1998, Booker moved into the Brick Towers housing project in Newark, where he lived until its demolition in 2006. Booker still lives in Newark's Central Ward today, where the median household income is less than \$15,000.

At 29, Booker was elected to the Newark City Council, where he challenged the city's entrenched political machine and fought to improve living conditions for city residents, increase public safety, and reduce crime.

Starting in 2006, Booker served as Newark's mayor for more than seven years. During his tenure, the city entered its largest period of economic growth since the 1960s. In addition, overall crime declined and the quality of life for residents improved due to initiatives such as more affordable housing, new green spaces and parks, increased educational opportunities, and more efficient city services.

In October 2013, Booker won a special election to represent New Jersey in the United States Senate. In November 2014, Senator Booker was re-elected to a full six-year term.

As New Jersey's junior Senator, Cory Booker has brought an innovative and consensus-building approach to tackling some of the most difficult problems facing New Jersey and our country. He has emerged as a national leader in the effort to fix our broken criminal justice system and end mass incarceration, helping craft the most sweeping set of criminal justice reforms in a generation, the First Step Act, which became law in December 2018.

Booker sits on the Judiciary Committee, the Foreign Relations Committee, and the Environment and Public Works Committee.

# Let Justice Roll

Let jus-tice roll, \_\_\_\_\_ roll down like wa - ter, \_\_\_\_\_ and

right-eous - ness \_\_\_\_\_ like a flow-ing stream. Let jus - tice

roll, \_\_\_\_\_ roll down like wa - ter, \_\_\_\_\_ and

right - eous - ness \_\_\_\_\_ like a flow - ing stream. \_\_\_\_\_

From: *Roll Down, Justice!* (CGBK72).  
Text: Amos 5:24.  
Music: *Let Justice Roll*, by Mark A. Miller.  
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519 Lift Every Voice and Sing



1. Lift ev - ery voice and sing, till earth and heav - en ring,  
2. Ston - y the road we trod, bit - ter the chas - tening rod,  
3. God of our wea - ry years, God of our si - lent tears,



ring with the har - mo - nies of lib - er - ty;  
felt in the days when hope un - born had died;  
thou who hast brought us thus far on the way;



let our re - joic - ing rise high as the lis - tening skies,  
yet with a stead - y beat, have not our wea - ry feet  
thou who hast by thy might led us in - to the light,



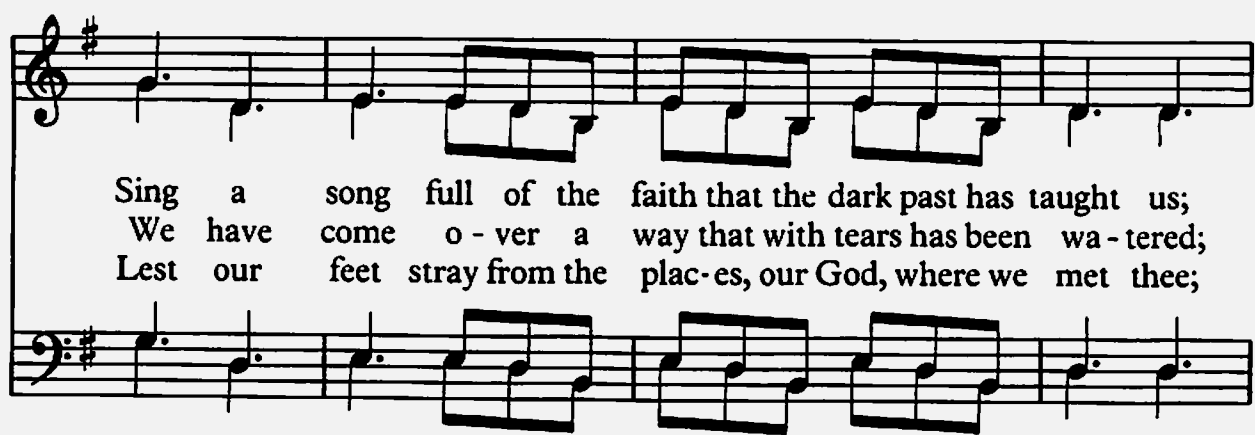
let it re - sound loud as the roll - ing sea.  
come to the place for which our fa - thers sighed?  
keep us for - ev - er in the path, we pray.

WORDS: James Weldon Johnson, 1921  
MUSIC: J. Rosamond Johnson, 1921  
© 1921 Edward B. Marks Music Co.; renewed

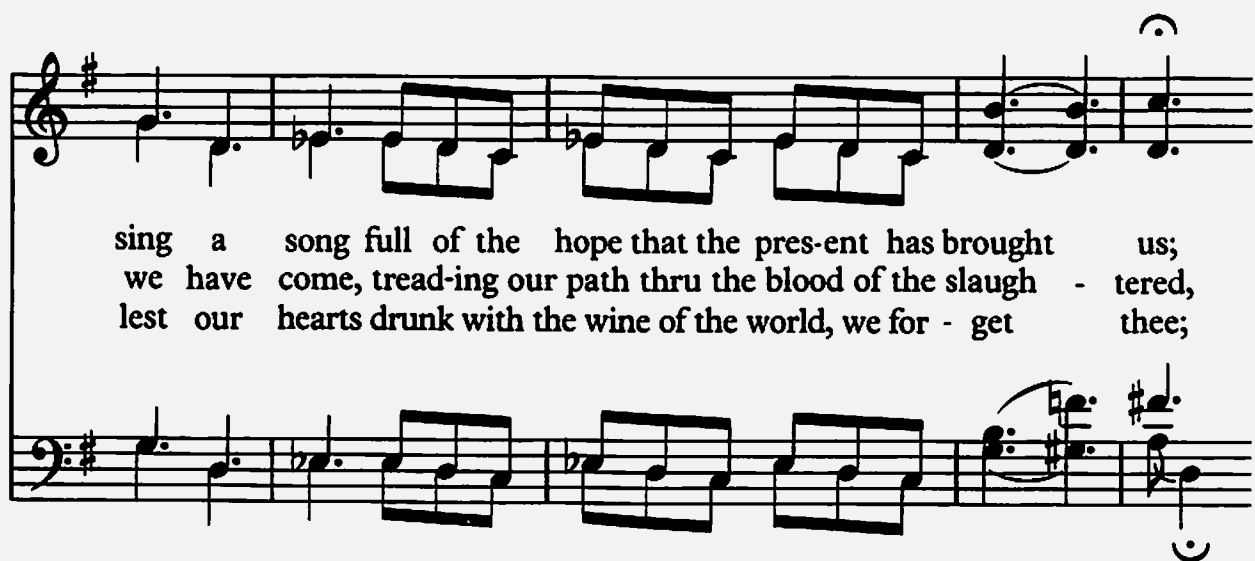
LIFT EVERY VOICE  
Irr.

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STRENGTH IN TRIBULATION



Sing a song full of the faith that the dark past has taught us;  
We have come o - ver a way that with tears has been wa - tered;  
Lest our feet stray from the plac - es, our God, where we met thee;



sing a song full of the hope that the pres - ent has brought us;  
we have come, tread - ing our path thru the blood of the slaugh - tered,  
lest our hearts drunk with the wine of the world, we for - get thee;



fac - ing the ris - ing sun of our new day be - gun,  
out from the gloom - y past, till now we stand at last  
shad - owed be - neath thy hand, may we for - ev - er stand,



let us march on till vic - to - ry is won.  
where the white gleam of our bright star is cast.  
true to our God, true to our na - tive land.

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# 500 GLORY, GLORY, HALLELUJAH

*Cast your burden on the LORD, and He will sustain you; He will never permit the righteous to be moved.*  
Psalm 55:22

1. Glo - ry, glo - ry, hal - le -  
2. Friends don't treat me like they  
3. I'm goin' home to live with

lu - jah! Since I laid my bur - dens down.  
used to Since I laid my bur - dens down.  
Je - sus Since I laid my bur - dens down.

Glo - ry, glo - ry, hal - le - lu - jah!  
Friends don't treat me like they used to  
I'm goin' home to live with Je - sus

Since I laid my bur - dens down!  
Since I laid my bur - dens down!  
Since I laid my bur - dens down!

Text: Negro spiritual

Tune: GLORY, 15 15; Negro spiritual: arr. by Nolan Williams, Jr., b.1969, © 2000, GIA Publications, Inc.

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