**JANUARY 10, 2020** 

# TIRED FEET RESTED SOULS

FOUNDRY UNITED METHODIST CHURCH 11:15 A.M. | WORSHIP CELEBRATION ONLINE



Foundry Church has been serving downtown Washington and the wider world since 1814. Foundry is a Reconciling Congregation, affirming the call of the gospel of Jesus Christ to be in ministry with all people of all races, gender identities, sexualities, ages, immigration status, and physical conditions. We are all on a spiritual journey and we want you to feel welcome here. Please visit www. foundryumc.org for more information about our congregation, submit prayer requests, and let us know you've been with us in worship today.

# **REFERENCES TO GOD**

References to God in traditional prayers and hymns may sometimes be genderspecific. As we pray and sing together, you are invited to substitute terms that reflect your understanding of the full inclusiveness of the spirit of God. You are also invited to sing hymns and speak parts of the services, such as the Lord's Prayer, in your native tongue.

#### **CARE AND PRAYER**

Please fill out the Virtual Prayer request cards at <u>https://www.foundryumc.org/</u> <u>prayer</u>. Our Clergy and prayer team will follow up with you.

# INVITATIONS TO ONLINE PARTICIPATION

As we worship together virtually today, we invite you to gather the following items:

- A candle and, if needed, a way to light it.
- A bowl or vessel of water.
- Your preferred Bible or Bible app.

# **Tired Feet, Rested Souls**

Rev. Dr. Martin Luther King, Jr. in his powerful *Letter From Birmingham City Jail,* amplifies the voice of Mother Pollard, a seventy-two-year-old woman in Montgomery, Alabama who refused to ride in segregated buses. When asked about whether she was tired, she responded, "My feet is tired, but my soul is rested." MLK's Letter is the inspiration for this series that, grounded in texts from the Revised Common Lectionary, will explore the concrete actions we are called to take as we continue the journey of becoming a more anti-racist, fully inclusive congregation. The work is long and our proverbial "feet" will grow tired. But with Jesus as our companion in the work of becoming beloved community, we are assured we'll find "rest for our souls." Join us on the journey!

# **11:15 A.M. | WORSHIP CELEBRATION ONLINE**

#### Prelude

Harold Friedell

DRAW US IN THE SPIRIT'S TETHER sung by Chancel Choir

Invitations to Participation and Welcome

Ginger E. Gaines-Cirelli

**Lighting Our Candles** 

Welcome

Ginger E. Gaines-Cirelli

Hymn UMH #605attr. B. F. White, harm. Ronald NelsonWASH, O GOD, OUR SONS AND DAUGHTERS

**Children's Message** 

K.C. Van Atta-Casebier

Call to Prayer UMH #252 attr. William Walker, harm. Carlton Young
WHEN JESUS CAME TO JORDAN

**Pastoral Prayer** 

Will Green

**Scripture Reading** Paula Blair ACTS 19:1-7 & MARK 1:9-11 Anthem David Clydesdale HOLY IS HE sung by Jubalate Sermon Ginger E. Gaines-Cirelli THERMOMETER OR THERMOSTAT? Offertory Kelly Grimes **Music at the Offertory** arr. Roberto Burton I SING THE MIGHTY POWER OF GOD Chancel Choir, Brass & Organ **Baptismal Renewal** Ginger E. Gaines-Cirelli & Ben Roberts One Voice: We invite you to join us now using the responses printed in the worship guide. I ask you, will you turn away from the powers of sin and death? Many Voices: We renounce the spiritual forces of wickedness, Reject the evil powers of this world,

And repent of our sin!

Will you let the Spirit use you as prophets to the powers that be?

#### We accept the freedom and power God gives us To resist evil, injustice, and oppression In whatever forms they present themselves!

Will you proclaim the good news and live as disciples of Jesus Christ, his body on earth?

We confess Jesus Christ as our Savior, put our whole trust in his grace, and promise to serve him as our Lord, in union with the church which Christ has opened to people of all a to people of all ages, nations, sexualities, gender identities, and races.

Will you be living witnesses to the gospel, individually and together, wherever you are, and in all that you do?

#### We will remain faithful members of Christ's holy church And serve as Christ's representatives in the world.

Will you receive and profess the Christian faith as contained in the Scriptures of the Old and New Testaments?

We affirm the faith of the whole church as we put our trust in God, Creator, Christ, and Holy Spirit, one God now and forever.

Let us pray. Almighty God, the life you birthed in us by baptism into Jesus Christ will never die. Your justice never fails. Your mercy is everlasting.

Your healing river flows. Your Spirit blows where you will. We cannot stop you, God!

But sometimes we try. We try to block the flow, we redirect the winds of the Spirit, or we walk so far away from the life-giving Stream that we do not hear its sound, and we forget its power.

#### We are dry and thirsty, O God. Come, refresh us!

Come upon us, Holy Spirit!

#### Come upon us, Holy Spirit!

Come upon these waters.

#### Come upon these waters.

Let these waters be to us drops of your mercy.

# Let these waters call us to your righteousness and justice.

Let these waters be a wellspring to sustain us in that work.

#### Let these waters refresh our tired bodies and weary souls.

Come Spirit of fire, Spirit over the Waters, Spirit of Holiness and renew us!

Come Holy Spirit! Amen.

Hymn UMH #347

John Wimber

SPIRIT SONG

# **Benediction**

Ginger E. Gaines-Cirelli

Postlude Sigfrid Karg-Elert LOBET DEN HERREN MIT PAUKEN UND ZIMBELN SCHÖN (Praise the Lord with Drums and Cymbals) Eric Plutz, organ

All music featured on our livestream links is used by permission with CCLI License #2668115. All previously recorded video filmed in the sanctuary was done prior to March 16, 2020.

# Join us for "Coffee Hour"

Meet us on Zoom at 12:30 for a virtual coffee hour! Connect with a small group of Foundry folks in a breakout room for fellowship and conversation and don't forget to bring your own coffee or tea! Join <u>here</u> using your smartphone camera or webcam. "See" you there!

THE SACRAMENTS AND RITES OF THE CHURCH

605 Wash, O God, Our Sons and Daughters 1. Wash, O God, our sons and daugh-ters, where your cleans-ing nur – ture; by your milk may 2. We who bring them long for wis - dom! Un - im - ag - ined, 3. O how deep your ho - ly Num-ber flow. them ple; wa - ters a - mong your peo be fed. Let join your feast, par tak we us ing name all To your your ways! be glo hon or! ry, P bless as Christ blessed long a - go. Weave them gar - ments bright and bless-ing, liv-ing bread. God, re - new us, guide our cup of peo - ple stand be-With our lives we wor-ship, praise! We your 00 Fill, a - noint them; spark - ling; com-pass them with love and light. one with Christ in foot-steps; free from sin and all its snares, wa-ter-washed and Spir-it - born. By your grace, our fore you, Ź Ð and heart's de - light. send your dove Spir it, ho - ly chil-dren, heirs. Spir - it, liv - ing, dy ing, by your lives we of fer. Re-cre-God, trans - form! ate us; O WORDS: Ruth Duck, 1987 (Jn. 3:3-8) **BEACH SPRING** MUSIC: Attr. to B. F. White, 1844; harm. by Ronald A. Nelson, 1978 87.87 D

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**BIRTH AND BAPTISM** 

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When Jesus Came to Jordan

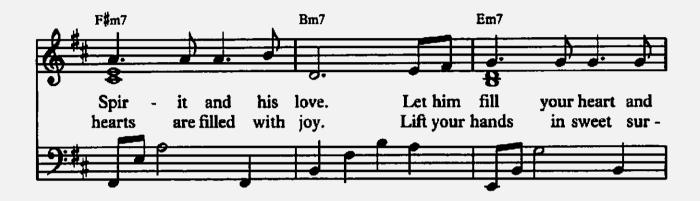


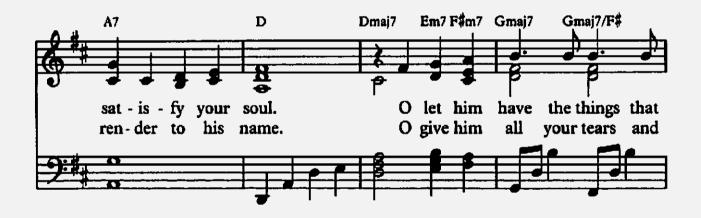
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PREVENIENT GRACE









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