

JANUARY 10, 2020

TIRED FEET RESTED SOULS

FOUNDRY UNITED METHODIST CHURCH

11:15 A.M. | WORSHIP CELEBRATION ONLINE

Welcome

Foundry Church has been serving downtown Washington and the wider world since 1814. Foundry is a Reconciling Congregation, affirming the call of the gospel of Jesus Christ to be in ministry with all people of all races, gender identities, sexualities, ages, immigration status, and physical conditions. We are all on a spiritual journey and we want you to feel welcome here. Please visit www.foundryumc.org for more information about our congregation, submit prayer requests, and let us know you've been with us in worship today.

REFERENCES TO GOD

References to God in traditional prayers and hymns may sometimes be gender-specific. As we pray and sing together, you are invited to substitute terms that reflect your understanding of the full inclusiveness of the spirit of God. You are also invited to sing hymns and speak parts of the services, such as the Lord's Prayer, in your native tongue.

CARE AND PRAYER

Please fill out the Virtual Prayer request cards at <https://www.foundryumc.org/prayer>. Our Clergy and prayer team will follow up with you.

INVITATIONS TO ONLINE PARTICIPATION

As we worship together virtually today, we invite you to gather the following items:

- A candle and, if needed, a way to light it.
- A bowl or vessel of water.
- Your preferred Bible or Bible app.

Tired Feet, Rested Souls

Rev. Dr. Martin Luther King, Jr. in his powerful *Letter From Birmingham City Jail*, amplifies the voice of Mother Pollard, a seventy-two-year-old woman in Montgomery, Alabama who refused to ride in segregated buses. When asked about whether she was tired, she responded, "My feet is tired, but my soul is rested." MLK's Letter is the inspiration for this series that, grounded in texts from the Revised Common Lectionary, will explore the concrete actions we are called to take as we continue the journey of becoming a more anti-racist, fully inclusive congregation. The work is long and our proverbial "feet" will grow tired. But with Jesus as our companion in the work of becoming beloved community, we are assured we'll find "rest for our souls." Join us on the journey!

11:15 A.M. | WORSHIP CELEBRATION ONLINE

Prelude

Harold Friedell

DRAW US IN THE SPIRIT'S TETHER

sung by Chancel Choir

Invitations to Participation and Welcome

Ginger E. Gaines-Cirelli

Lighting Our Candles

Welcome

Ginger E. Gaines-Cirelli

Hymn UMH #605

attr. B. F. White, harm. Ronald Nelson

WASH, O GOD, OUR SONS AND DAUGHTERS

Children's Message

K.C. Van Atta-Casebier

Call to Prayer UMH #252

attr. William Walker, harm. Carlton Young

WHEN JESUS CAME TO JORDAN

Pastoral Prayer

Will Green

Scripture Reading

ACTS 19:1-7 & MARK 1:9-11

Paula Blair

Anthem

HOLY IS HE
sung by Jubilate

David Clydesdale

Sermon

Ginger E. Gaines-Cirelli
THERMOMETER OR THERMOSTAT?

Offertory

Kelly Grimes

Music at the Offertory

I SING THE MIGHTY POWER OF GOD
arr. Roberto Burton
Chancel Choir, Brass & Organ

Baptismal Renewal

Ginger E. Gaines-Cirelli & Ben Roberts

One Voice: We invite you to join us now using the responses printed in the worship guide. I ask you, will you turn away from the powers of sin and death?

Many Voices: We renounce the spiritual forces of wickedness,
Reject the evil powers of this world,
And repent of our sin!

Will you let the Spirit use you as prophets to the powers that be?

**We accept the freedom and power God gives us
To resist evil, injustice, and oppression
In whatever forms they present themselves!**

Will you proclaim the good news and live as disciples of Jesus Christ, his body on earth?

**We confess Jesus Christ as our Savior,
put our whole trust in his grace,
and promise to serve him as our Lord,
in union with the church which Christ has opened
to people of all a to people of all ages, nations, sexualities, gender identities,
and races.**

Will you be living witnesses to the gospel, individually and together, wherever you are, and in all that you do?

**We will remain faithful members of Christ's holy church
And serve as Christ's representatives in the world.**

Will you receive and profess the Christian faith as contained in the Scriptures of the Old and New Testaments?

**We affirm the faith of the whole church
as we put our trust
in God, Creator, Christ, and Holy Spirit,
one God now and forever.**

Let us pray.

Almighty God, the life you birthed in us by baptism into Jesus Christ will never die. Your justice never fails. Your mercy is everlasting.

**Your healing river flows.
Your Spirit blows where you will.
We cannot stop you, God!**

But sometimes we try.
We try to block the flow,
we redirect the winds of the Spirit,
or we walk so far away from the life-giving Stream
that we do not hear its sound,
and we forget its power.

**We are dry and thirsty, O God.
Come, refresh us!**

Come upon us, Holy Spirit!

Come upon us, Holy Spirit!

Come upon these waters.

Come upon these waters.

Let these waters be to us drops of your mercy.

Let these waters call us to your righteousness and justice.

Let these waters be a wellspring to sustain us in that work.

Let these waters refresh our tired bodies and weary souls.

Come Spirit of fire, Spirit over the Waters, Spirit of Holiness and renew us!

Come Holy Spirit! Amen.

Hymn UMH #347

John Wimber

SPIRIT SONG

Benediction

Ginger E. Gaines-Cirelli

Postlude

Sigfrid Karg-Elert

LOBET DEN HERREN MIT PAUKEN UND ZIMBELN SCHÖN

(Praise the Lord with Drums and Cymbals)

Eric Plutz, organ

All music featured on our livestream links is used by permission with CCLI License #2668115. All previously recorded video filmed in the sanctuary was done prior to March 16, 2020.

Join us for “Coffee Hour”

Meet us on Zoom at 12:30 for a virtual coffee hour! Connect with a small group of Foundry folks in a breakout room for fellowship and conversation and don't forget to bring your own coffee or tea! Join [here](#) using your smartphone camera or webcam. “See” you there!

605 Wash, O God, Our Sons and Daughters

1. Wash, O God, our sons and daughters, where your cleans-ing
 2. We who bring them long for nur - ture; by your milk may
 3. O how deep your ho - ly wis - dom! Un - im - ag - ined,

wa - ters flow. Num - ber them a - mong your peo - ple;
 we be fed. Let us join your feast, par - tak - ing
 all your ways! To your name be glo - ry, hon - or!

bless as Christ blessed long a - go. Weave them gar - ments bright and
 cup of bless-ing, liv - ing bread. God, re - new us, guide our
 With our lives we worship, praise! We your peo - ple stand be -

spark - ling; com - pass them with love and light. Fill, a - noint them;
 foot - steps; free from sin and all its snares, one with Christ in
 fore you, wa - ter - washed and Spir - it - born. By your grace, our

send your Spir - it, ho - ly dove and heart's de - light.
 liv - ing, dy - ing, by your Spir - it, chil - dren, heirs.
 lives we of - fer. Re - cre - ate us; God, trans - form!

WORDS: Ruth Duck, 1987 (Jn. 3:3-8)

MUSIC: Attr. to B. F. White, 1844; harm. by Ronald A. Nelson, 1978

BEACH SPRING
87.87 D

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When Jesus Came to Jordan

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Unison

1. When Je - sus came to Jor - dan to be bap-tized by John,
 2. He came to share temp - ta - tion, our ut - most woe and loss,
 3. Come, Ho - ly Spir - it, aid us to keep the vows we make;

he did not come for par - don but as the sin-less one.
 for us and our sal - va - tion to die up-on the cross.
 this ver - y day in - vade us, and ev - ery bond-age break.

He came to share re - pent - ance with all who mourn their sins,
 So when the dove de - scend - ed on him, the Son of Man,
 Come, give our lives di - rec - tion, the gift we cov - et most:

to speak the vi - tal sen - tence with which good news be - gins.
 the hid - den years had end - ed, the age of grace be - gan.
 to share the res - ur - rec - tion that leads to Pen - te - cost.

WORDS: Fred Pratt Green, 1973 (Mt. 3:13-17; Mk. 1:9-11; Lk. 3:21-22)
 MUSIC: Attr. to William Walker, 1835; harm. by Carlton R. Young, 1988

COMPLAINER
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Spirit Song

Unison Gmaj7 Gmaj7/F# Em7 A7 A7/G

1. O let the Son of God en-fold you with his
 (2. O come and) sing this song with glad-ness as your

F#m7 Bm7 Em7

Spir - it and his love. Let him fill your heart and
 hearts are filled with joy. Lift your hands in sweet sur -

A7 D Dmaj7 Em7 F#m7 Gmaj7 Gmaj7/F#

sat - is - fy your soul. O let him have the things that
 ren - der to his name. O give him all your tears and

Em7 A7 A7/G F#m7 Bm7

hold you, and his Spir - it like a dove will de -
 sad - ness; give him all your years of pain, and you'll

WORDS: John Wimber, 1979
 MUSIC: John Wimber, 1979

SPirit SONG
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